

MTS Introduces: Coaching for Parents

A 3-stage, hands-on training course to teach you the fundamental skills of Coaching

Coaching is one of the most powerful tools for unlocking natural abilities. You may well have heard about coaching in business or even have experienced professional coaching in your own place of work. Coaching provides tools and resources to increase personal awareness, confidence, fulfilment and self-sufficiency.

On this course, you will learn to use coaching as an empowering communication and development technique. You will learn how to ask effective questions and truly listen. This promotes self-awareness, personal responsibility and action in yourself, your family, your colleagues and others in your life.

The course features in-person¹ training, emphasising participation and practical experience. You will have opportunities to coach, be coached and receive coaching feedback. By the end of the course, we hope you will have gained an understanding of how to use professional coaching skills in a variety of contexts.

Venue: Merchant Taylors' Chaplaincy Centre

Dates:

1. Wednesday 19th January 6-8pm
2. Wednesday 2nd March 6-8pm
3. Wednesday 16th March 6-8pm

Please click on the [link here](#) to secure your place on the course, ensuring your availability for all three sessions. There are a maximum of 24 places available and a small fee of £20 to secure a place. This cost will be added to your termly bill.

¹ If we are unable to run the course in person due to covid restrictions, we will revert to an online format.